

[Use your own words and language – this is a sample format]

Date
(Coach's Name
Address
City, State Zip)

Dear (Coach's Name),

My name is _____, and I am a junior at _____ High School. I am interested in playing lacrosse at _____ and would like to take a moment to introduce myself.

I play midfield for the varsity lacrosse team and have been a starter since my sophomore year. Last year I led the team in ground balls with ___ and assists with ____. I also had ___ goals. Our record was 11-4 last season. We finished second in our division and advanced to the regional semi-finals. I received All-Division honors and was an honorable mention on the All-Coaches team.

In addition to my lacrosse interests, I am a member of the varsity soccer team where I have been a starting midfielder for two seasons. In the winter, I run on the indoor track team, participating in the mile events and on the relay teams.

I am interested in majoring in humanities, and I see from the school web site that ___ offers a strong program. I would also love to play lacrosse at the college level. I believe my skills and abilities would fit well into your highly regarded program and enable me to contribute to its success.

Enclosed are my sports resume and a copy of our spring lacrosse schedule for your information. I look forward to hearing from you and hope you will consider me as you move forward in the recruiting process. Thank you for your consideration.

Sincerely,
Name
Address
City, State Zip
Phone Number